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(0-5)

Child's Name: _____ Date: _____ Referred By: _____
Address: _____ City: _____ Post Code: _____
Date of Birth: _____ Age: _____ Gender: M / F
Mother's Name: _____ Mobile No: _____ Home Phone: _____
Father's Name: _____ Mobile No: _____ Home Phone: _____
Primary Contact Email Address: _____
Names and ages of siblings: _____
Paediatrician's Name: _____ Clinic Name: _____
When doctors work together, it benefits you. May we have your permission to update your medical doctor regarding your child's care here, if relevant? Y / N

Labour & Delivery

Third Trimester Presentation: Vertex _____ Breech _____ Transverse _____ Face/Brow _____
Type of Birth: Normal Vaginal _____ Forceps _____ Caesarean _____ Suction Cap/Vacuum _____
Location: Home _____ Birthing Centre _____ Hospital _____ No. hours in labour _____ Pushed for: ____ mins
Problems during pregnancy: _____
Problems during labour/delivery: _____
Any medications administered at birth: _____
Apgar Scores: _____ At the time of birth, was the child: Jaundice (yellow) Y/N Cyanosis (blue) Y/N
Birth weight: _____ Birth Height: _____ Current Weight: _____
Did the mother use any cigarettes, alcohol or medications during pregnancy? Y/N
Did the mother use any supplements, vitamins or homeopathies during pregnancy? Y/N
Was the mother involved in any accidents during pregnancy? Y/N
Number of ultrasounds during pregnancy _____
Any other tests carried out during pregnancy? _____
At how many weeks did you deliver? _____
Were you: Chemically induced? Y/N Administered an epidural? Y/N
Congenital Anomalies / Defects? Y/N If yes, please explain: _____

Past & Current Health History

Please check each of the following your child has currently, or has had in the past:

- | | | |
|---|---|---|
| <input type="checkbox"/> Measles/Mumps | <input type="checkbox"/> Headaches | <input type="checkbox"/> Stomach Aches |
| <input type="checkbox"/> Chicken Pox | <input type="checkbox"/> Dizziness | <input type="checkbox"/> Reflux |
| <input type="checkbox"/> Eczema/Skin Problems | <input type="checkbox"/> Fainting | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Pneumonia | <input type="checkbox"/> Seizures/Convulsions | <input type="checkbox"/> Heart Trouble |
| <input type="checkbox"/> Asthma/Wheezing | <input type="checkbox"/> Anaemia | <input type="checkbox"/> Orthopaedic problems |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Bed Wetting | <input type="checkbox"/> Neck Pain |
| <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Behavioural problems | <input type="checkbox"/> Joint problems/pain |
| <input type="checkbox"/> Allergies | <input type="checkbox"/> ADD/ADHD | <input type="checkbox"/> Scoliosis |
| <input type="checkbox"/> Frequent colds/sore throat | <input type="checkbox"/> Ruptures/hernia | <input type="checkbox"/> Walking trouble |
| <input type="checkbox"/> Diarrhoea | <input type="checkbox"/> Growing pains | <input type="checkbox"/> Broken bones |
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Sleep problems | <input type="checkbox"/> Digestive disorder |
| <input type="checkbox"/> Colic | <input type="checkbox"/> Speech problems | <input type="checkbox"/> Poor appetite |
| <input type="checkbox"/> Ear infection | <input type="checkbox"/> Emotional problems | <input type="checkbox"/> Fever |
| <input type="checkbox"/> Tonsillitis | <input type="checkbox"/> Nightmares | <input type="checkbox"/> Hip/leg pain |
| <input type="checkbox"/> Back pain | <input type="checkbox"/> Co-ordination problems | <input type="checkbox"/> Concentration problems |

Please list any allergies: _____

What concerns do you have regarding the health of your child (if any)? _____

Please list any medications your child is currently taking: _____

Please list any supplements/vitamins your child is currently taking: _____

Number of doses of antibiotics your child has taken in his/her life: _____

Has your child ever suffered from the following spinal traumas?

- | | | |
|---|---|--|
| <input type="checkbox"/> Fall in baby walker | <input type="checkbox"/> Fall from bed or couch | <input type="checkbox"/> Fall off skateboard or skates |
| <input type="checkbox"/> Fall from crib | <input type="checkbox"/> Fall off swing | <input type="checkbox"/> Fall off bicycle |
| <input type="checkbox"/> Fall from highchair | <input type="checkbox"/> Fall off slide | <input type="checkbox"/> Fall down stairs |
| <input type="checkbox"/> Fall from changing table | <input type="checkbox"/> Fall off monkey bars | <input type="checkbox"/> Other: _____ |

Date of last visit to paediatrician: _____ Purpose of visit: _____

Has your child ever been treated on an emergency basis? Y/N Details: _____

Did you choose to vaccinate your child? Y/N
If Yes, which vaccines? All/None If a few, please list: _____

At what age did your child:

Sit _____ Crawl _____ Walk _____ Talk _____
Respond to sound _____ Hold head up _____ Follow an object with his/her eyes _____

The following questions are designed to allow the doctor to provide a detailed evaluation of your child. If a question is not relevant to your child's age, please put N/A.

How many hours does your baby sleep between feeds? During Day ____ At Night ____

Does your child go to sleep easily? Y/N

Does your child have a preferred sleeping position? Y/N

Does your child cry if you change this sleeping position? Y/N

Does your child have any difficulties feeding? Y/N

Is your baby being breast fed? Y/N If No, for how long was baby breast fed? _____ weeks/months

Does your baby have a one sided breast feeding preference? Y/N Preferred breast Left/Right

Is your child formula fed? Y/N Which formula or other milk source? _____

Does your baby frequently spit up after feeding? Y/N

Is your child eating solid food? Y/N What foods does his/her diet contain? _____
_____ What is your child's favourite food? _____

Does your child have any food allergies? Y/N If Yes, please list: _____

Does your child cry a lot? Y/N For how many hours a day? _____

Does your baby pass a lot of intestinal gas? Y/N

Does your baby have a preferred head position? Y/N _____

Does your baby frequently arch his/her head and neck backwards? Y/N

Does your baby cry or become irritable during a nappy change? Y/N

Does your child refuse to make eye contact? Y/N

Does your child ever bang his/her head against a wall repeatedly? Y/N

Does your child watch TV/play computer games? Y/N If yes, how many minutes/hours per day? _____

Does your child have any hobbies/favourite sports? _____

Do you have any other concerns you want to discuss? Y/N _____

Has your child ever received chiropractic care? Y/N If Yes, who? _____
What were the results? _____

Is your child under the care of a specialist? Y/N Is this for the same concern? Y/N

Print Name:

I can confirm that the above is a full and accurate disclosure of my child's health and medical status.

Signature_____ Date_____

I authorise Dr Arleen Scholten DC to examine and adjust my child's spine/extremities/cranium as she deems appropriate, (or a locum doctor authorised by Dr Arleen Scholten, in her absence) through the use of Chiropractic methods.

Signature: _____ Date: _____